

**New Jersey Behavioral Health Planning Council**  
**Meeting Minutes,**  
**September 13, 2017 10:00 A.M.**

**Attendees:**

<b>Christopher Lucca</b>	<b>Connie Greene</b>	<b>Ksenia Lebedeva</b>	<b>Michael Litterer (P)</b>
<b>Rocky Schwartz (P)</b>	<b>Winifred Chain</b>	<b>Damian Petino (P)</b>	<b>Cheri Thompson</b>
<b>Darlema Bey</b>	<b>Susan Brocco (P)</b>	<b>Joseph Gutstein (P)</b>	<b>Barbara Johnson</b>
<b>Alice Garcia</b>	<b>Jim Romer</b>	<b>Ellen Tanner (P)</b>	<b>Harry Coe</b>

**DMHAS, CSOC & DDD Staff:**

<b>Geri Dietrich (P)</b>	<b>Mark Kruszczyński</b>	<b>Donna Migliorino</b>	<b>Suzanne Borys</b>
<b>Jan Rudder</b>	<b>Irina Stuchinsky</b>		

**Guests:**

<b>Alric Warren (P)</b>	<b>Roderick Bell (P)</b>	<b>Nick Loizzi</b>	<b>Christina Athineos</b>
<b>Rachel Morgan</b>	<b>Herbert Kaldany</b>	<b>Marie Snyder (P)</b>	

**I. Welcome / Administrative Issues / Correspondence / Announcements**

- A. Quorum reached.
- B. Minutes from August 9<sup>th</sup> meeting approved with minor corrections.
- C. By a 30:1 vote, the US Senate Appropriations Committee rejected a proposed cut to the Community Mental Health Block Grant.

**II. Subcommittee**

- A. Substance abuse: Primary Question: Is there an issue with of publically-funded consumers waiting an extended time for detox treatment?
- B. Housing/ Data/ Advocacy
  1. Chris L. and L. Lukens is working with Diane Riley of SHA
  2. Data from DAS was previously provided.
- C. Membership Subcommittee met on morning of 9/13/17 to review membership patterns of Planning Council/Citizens Advisory Board Members.

**III. Addiction Services: Treatment & Recovery [Dr. Suzanne Borys]**

- A. DMHAS offers the full range of addiction treatment.
  3. Early Intervention
  4. Residential withdrawal management (formerly detox)
  5. Ambulatory withdrawal management (soon to be added)
  6. Opioid maintenance outpatient and intensive outpatient,
  7. Partial care,
  8. Short and long term residential,
  9. Halfway house
- B. ASAM (American Society of Addiction Medicine) Criteria are used to guide level of care placement decisions.
- C. Addiction services agencies are reimbursed through Fee-for-service ( FFS) since 7/1/10. CSC Corp. is the fiscal agent of DMHAS.
- D. State Targeted Opioid Response Initiative (STORI ) (Fee for Service)
  1. Phase I: July 3, 2017:
    - a. Opioid Treatment Program (OTPs): OP and IOP

- b. State Targeted Response (STR)
    - c. IWM (Inpatient Withdrawal Management)
    - d. Case Management
  - 2. Phase II: August 2017: Opened to Vivitrol network providers.
  - 3. Phase III: Autumn 2017
    - a. Develop Buprenorphine Network and allow providers to join STORI FFS
    - b. Ambulatory Withdrawal Management
    - c. Peer Services
    - d. Smoking Cessation
- E. MAYTOP Initiative (Federal grant received in 2015)
  - 1. 228 served as of July 2017, Medication Treatment – Medication Assisted Treatment (MAT) Outreach Program
  - 2. Three clinics are funded
  - 3. Goal is to encourage the use Medication Assisted Treatment Interventions such as methadone and buprenorphine
  - 4. DMHAS must submit Government Performance and Results Act (GPRA) Data
  - 5. Positive outcomes
    - a. Decreased heroin use at 6 month follow-up
    - b. High consumer satisfaction
  - 6. Mindfulness-based Recovery Practice (MBRP)-intended to foster awareness of triggers (to recidivate to substance use)
  - 7. Issue of other primary health issues remains, such as persistent use of tobacco while in SUD treatment, as an example.
    - a. 65% of Admitted consumers use tobacco products
    - b. 65% of Discharged use tobacco products
- F. Recovery Supports
  - 1. Eva’s Village (Paterson, NJ)
  - 2. Living Proof (Camden, NJ)
  - 3. More state funding is needed to open more centers.
- G. Supportive Housing (minimal)
  - 1. Intensive Supportive Housing (ISH): 62 beds (Atlantic and Camden County)
  - 2. Women’s Intensive Supportive Housing (WISH), in Somerset County.
- H. Opioid Reduction Overdose Recovery Program (OORP)
  - 1. In 20 counties, soon in Hunterdon. As of June 2017, 2,836 served (22% detox/treatment, 34% recovery support, 17% refused, 27% involuntary reasons)
  - 2. Program was expanded to all counties
  - 3. Expand OORP to all 21 counties
    - a. 6/2017 2836 served
    - b. 22% Detox
    - c. 34% Recovery Support
    - d. 17% Refused treatment
    - e. 27% involuntary removal from program
  - 4. ORRP has had a great impact on [decreasing] emergency room visits, a very successful program
- I. Supportive Team for Addiction Recovery (STAR): received 34 proposals for 10 counties.
- J. Family Support Center (RFP Draft): Similar to Intensive Family Support Services (IFSS) for substance abuse.
- K. Maternal Wraparound (MWRAP): For expectant mothers and infants.
  - 1. Atlantic County
  - 2. To work with mothers with SA issues
  - 3. At pregnancy and follow-up

- J. SBIRT (Screening, Brief Intervention and Referral to Treatment)
  - 1. 55,000 individuals screened in six counties.
  - 2. Five-year SBIRT money/grant has ended
  - 3. SBIRT is best practice that should be incorporated without additional money
    - a) Connie Greene: There is grant resistance because the additional time is costly, and Physicians often have issues when talking to patients
      - i) Comment: Additional data collection can result in delays & used data
      - ii) Possibility of patients avoid treatment for reluctance to answer interview questions
    - b) Rowan University is very good at SBIRT
- K. Prevention activities
  - 1. Primary Prevention-across the life span
  - 2. UBHC study
  - 3. LGBTQ
  - 4. Military Families
  - 5. Regional Coalitions
  - 6. Council on Compulsive Gambling
  - 7. Partnership for Drug Free NJ
  - 8. SPF Rx – student athletes
  - 9. PDO – OOPN Network
  - 10. STORI- Prevention Older Adults

**IV. Overview of the Suicide Prevention Conference (09/12/17) [Dr. Maria Kirschner, DMHAS]**

**V. Announcements**

- A. From New Jersey Association of Mental Health & Addictions Agencies (NJAMHAA)
  - 1. September 15: NJAMHAA and Attitudes in Reverse Fifth Annual Suicide Prevention Conference (Carrier Clinic, Belle Mead) (Registration closed, but if someone is interested they can e-mail smoses@njamhaa.org as I believe we still might have space)
  - 2. October 3: Roundtable summit on integration and value-based purchasing, “Staying Ahead of the Game: Beyond Fee-for-Service Reimbursement” (RWJ Wellness Center, Hamilton).
  - 3. October 24: 2017 Fall Behavioral Healthcare Meeting, “Shaping Our Future” (Pines Manor, Edison). This is an all-day conference with loads of educational and networking opportunities!
  - 4. November 13: Educational workshop “Strategic Alliances: Explore Opportunities to Strengthen Your Organization” hosted at the NJAMHAA office (Mercerville).

**VI. Meeting Adjourned**

- A. Next Meeting of the Planning Council,
  - Wednesday, October 11, 2017, 10:00 am
  - 222 South Warren Street, Trenton NJ 08625, Room CR-1000
- B. Proposed agenda topics:
  - 1. Movement of DMHAS to NJ Department of Health
  - 1. Overview of DMHAS’s substance abuse treatment services and programs [ D. Hallcom].
  - 2. Overview of DCF Office of Adolescent Services (OAS).
- C. Planned Subcommittee Meetings (10/11/17):
  - 9:00: Membership
  - 12:00: TBD